

INSTRUCTIONS FOR TAKING YOUR IMPRESSION

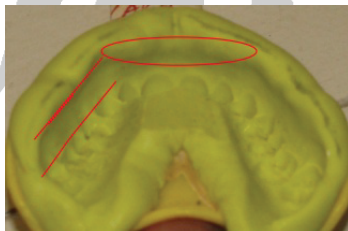
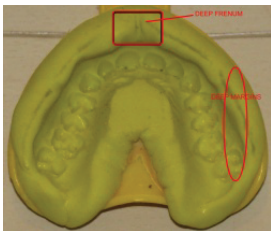
1. You will receive a kit with 2 impression trays, a 3rd smaller tray if you are a female or a child, 2 containers of putty 1 is the putty and one is the catalyst, a business card in case you have questions and a return shipping label for fedex.



2. You need to determine which tray fits your mouth the best without it rubbing or scraping the sides of your teeth. If the tray does scrap the sides of your teeth then it will cause the material to void out the shapes or anatomy of your teeth. The tray also need to be long enough to capture your far back teeth called your posteriors.
3. Take ALL of the putty out of the containers and roll each 1 out flat seperately. Then take the putty and lay it on top of each other so it looks like a pan cake (this will make it easier to mix). Start kneeding it together by folding it into itself over and over again. Do this quickly, in the video it takes about 10 seconds (all of the white should be gone and it will be a light yellow or blue depending on which material you received).
4. Take the putty and roll it out in a cigar or hot dog shape and line the impression tray with it making sure that you build up the outside edge of the tray and slope the putty down towards the inside of the tray. It should look like the picture below.



5. Take the tray and insert it directly into your mouth making sure you don't scrape the tray along your teeth. Note: (The wider you open your mouth the more difficult it is to insert into your mouth). Push the tray straight up without moving it laterally or horizontally (this will casue drag marks and possibly ruin the material). Push the the tray up until your teeth touch the inside bottom of the tray making sure you put your lip on the outside of the tray. Your impression should look like the pictures below.



6. Allow the tray to sit in your mouth undisturbed for 2-3 minutes and then remove it.
7. Place the tray in a fedex bag, it doesn't matter which fedex pak system you use as long as it is a pack or envelope.
8. Place the label on the outside of the tray and place the lab script inside with the impression.
9. That is it your done.